

MIN-Y-DON KIT LIST

Every child needs to bring the following:-

- **Packed lunch for first day**
- Sleeping bag or duvet (blankets, pillow and pillowcases are provided)
- Outdoor shoes (or walking boots if you prefer).
- Old trainers for water activities (these will get wet) or water shoes
- Indoor shoes/slippers
- Swimwear to wear underneath clothes for water sports
- Warm fleece/sweater
- 3 or 4 complete changes of clothing, e.g: underwear, socks, T-shirts, track suit pants, shorts, long sleeved top, fleeces or warm jumpers. Clothes will get wet during water sports.
- NO JEANS
- Sun cream/cap/sun hat (if appropriate for weather)
- Waterproof jacket
- Nightwear
- Wash bag and towel ***NO AEROSOLS***
- Named water bottle
- Carrier bag/bin liner for wet clothing
- Bobble to tie up wet hair
- Torch (optional)
- Small amount of spending money – max £5

Clothes need to be comfortable and practical; old clothes are fine as they will get muddy/wet.

NO MUSIC PLAYERS, ELECTRONIC GAMES, MOBILE PHONES OR HAIRDRYERS/STRAIGHTENERS

PRESCRIBED MEDICINES:

If your child will need to take prescribed medicines, please complete an 'Administration of Medicine' form, available from the school office or website, and return as soon as possible and BEFORE the day of the trip.

This will also be required for travel sickness medication for the return journey.

Please do not send any pain relief medicine with your child as Calpol will be kept by staff. Ensure you complete part 2e of the Health & Consent form to indicate if it may be given to your child.

All medicines must be named and handed to the teacher or school office.

MEDICINES/TABLETS MUST NOT BE PACKED IN BAGS