

ALTON CASTLE KIT LIST

- **Packed lunch for first day**
- Sleeping bag
- Wash bag and towel *NO AEROSOLS*
- Pair of pyjamas
- 1 pair of old trainers (to be worn outside - they will get muddy)
- 1 pair of indoor shoes (not slippers - trainers are ideal)
- Pair of wellies or walking boots if you have them (there are some wellies available to borrow if necessary)
- Waterproof coat
- Waterproof trouser (if you have them)
- 4 complete changes of clothing, to include: underwear, vests, T-shirts, thin jumpers, track suit pants/joggers, fleeces or warm jumpers
- Extra layers will be required depending on the weather
- NO JEANS
- 4 pairs of socks – to include one or two pairs of walking socks
- Sun cream/cap/sun hat (if appropriate for weather)
- Waterproof jacket
- Named water bottle
- Small amount of spending money – max £5

Clothes need to be comfortable and practical; old clothes are fine as they will get muddy/wet. Each visitor will have to carry their bag to their room - this may involve walking up many flights of stairs so please pack a bag that you can carry.

NO MUSIC PLAYERS, ELECTRONIC GAMES, MOBILE PHONES OR HAIRDRYERS/STRAIGHTENERS.

PRESCRIBED MEDICINES:

If your child will need to take prescribed medicines, please complete an 'Administration of Medicine' form, available from the school office or website, and return as soon as possible and BEFORE the day of the trip.

This will also be required for travel sickness medication for the return journey.

Please do not send any pain relief medicine with your child as Calpol will be kept by staff. Ensure you complete part 2e of the Health & Consent form to indicate if it may be given to your child.

All medicines must be named and handed to the teacher or school office.

***MEDICINES/TABLETS MUST NOT BE PACKED IN BAGS**