

# *How Long Will I Love You?*



*A Reflection  
for the  
Beginning of  
Lent*



*During Lent we are called  
by God...*

*to accept some of the  
biggest challenges we*

*face as  
Christians...*



*Jesus said...*

*“If anyone would  
come after me, he  
must deny himself  
and take up his cross  
daily and follow me.”*

*Luke 9:23*





# Deny Yourself...



Challenge yourself to do better...  
to be better...  
to set the example

to live simply and truthfully...

to reflect Him.





*In denying ourselves...*

*We cleanse ourselves in readiness  
for the Easter  
season...*

*Faith makes things  
possible,  
not easy.*



# Prayer

*Lent is about mending relationships.*

*Perhaps our  
relationship with God  
needs some time  
and effort too?*



*Do we ask for more  
than we thank Him for?*

*Have we forgotten how to  
talk to God?*



*Is it time to get back in  
touch?*

# *Almsgiving*

*This is selfless giving  
to others...*



*It could be...*

*Giving to charity*

*Time and care to someone  
less fortunate, locally*

*Working to help a stranger  
somewhere across the world.*



*Giving something of ourselves to  
those in need.*





PRAY



FAST



GIVE

*Are You up to the challenge?*

*Lent 2020*



*How  
long will  
God love  
you?*

*For God so loved the world that He gave His only begotten Son,  
that whoever believes in Him should not perish but have everlasting life.*

*John 3:16*



AS LONG  
AS STARS  
ARE ABOVE  
YOU

Lord,  
May we accept the  
challenges of this Lent.  
Give us the strength to  
want to be more, not to  
have more.

And to remember your  
sacrifice and unending  
love in our lives,  
whenever times are hard.

Amen

