

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	National Fitness Day		National Skipping Week		International Dance Day National Physical Education and Sport Week	National School Sports Week
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE	Dance	Gymnastics	Playground games Developing fundamental throwing, catching chasing games	Playground games Developing fundamental throwing, catching chasing games	Playground games Focus: Sending, receiving, running, jumping
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Rebounders	Gymnastics	Dance	Athletics	Fitness	Team building
	Ball skills	Fundamentals	Sending and receiving	Target games	Striking and fielding games	Invasion games
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Rebounders	Gymnastics	Dance	Athletics	Fitness	Yoga
	Ball skills	Fundamentals	Target games	Net and wall games	Striking and fielding games	Invasion games
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Fundamentals	Gymnastics	Dance	Rebounders	Invasion games – Basketball	OAA
	Ball skills	Invasion games – Netball	Athletics	Invasion games – Football	Striking and fielding – Cricket	Net and wall - tennis
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Fundamentals	Swimming	Swimming	Rebounders	Gymnastics	Invasion games – Basketball
	Ball skills	Dance	Athletics	Invasion games – Netball	Striking and fielding – Cricket	Net and wall - tennis
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Swimming	Swimming/ Rebounders	Athletics	OAA	Gymnastics	Striking and fielding – Rounders
	Invasion games – Football	Dance	Invasion games – Basketball	Invasion games – Netball	Striking and fielding – Cricket	Net and wall - tennis
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Rebounders	Dance	Athletics	Yoga	Gymnastics	Net and wall - tennis
	Invasion games – Football	Invasion games – Netball	Invasion games – Basketball	OAA	Striking and fielding – Cricket	Striking and fielding – Rounders